



# **UNIVERSITY OF CALCUTTA**

## **Notification No. CSR/68/2024**

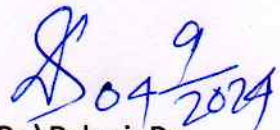
It is notified for information of all concerned that in terms of the provisions of Section 54 of the Calcutta University Act, 1979, (as amended), and, in the exercise of her powers under 9(6) of the said Act, the Vice-Chancellor has, by an order dated 28.08.2024 approved the complete syllabus of Women's Studies, (Minor/ Three-year MDC) courses of studies under CCF.

The above shall take effect from Odd Semester examinations, 2024 and onwards.

**SENATE HOUSE**

**Kolkata-700073**

**04.09.2024**

  
Prof.(Dr.) Debasis Das

**Registrar**

# University of Calcutta

**Semester Wise Three-Year B.A./B.Sc. (Multidisciplinary)**

**And**

**B.A./B.Sc. (Honours with or without Research)**

**Courses of Studies**

**Under**

**[Curriculum and Credit Framework (CCF, 2022)]**

**Subject: Women's Studies (WOSG)**

## STRUCTURE OF CORE COURSES IN WOMEN STUDIES FOR MDC

Semester	Course	Paper	Name of the Paper	Code (Th)	Code (Tu)
1	CC1/ CC2	MDC 1	Women's Studies in International Context.	WOSG-MD-CC1-1-TH WOSG-MD-CC2-1-TH	WOSG-MD-CC1-1-TU WOSG-MD-CC2-1-TU
2	CC1/ CC2	MDC 2	Women's Studies in India	WOSG-MD-CC1-2-TH/ WOSG-MD-CC2-2-TH	WOSG-MD-CC1-2-TU/ WOSG-MD-CC2-2-TU
3	CC1/ CC2	MDC 3	Women's Movement in India	WOSG-MD-CC1-3-TH/ WOSG-MD-CC2-3-TH	WOSG-MD-CC1-3-TU/ WOSG-MD-CC2-3-TU
4	CC1/ CC2	MDC 4	1. Women's Issues in India	WOSG-MD-CC1-4-TH WOSG-MD-CC2-4-TH	WOSG-MD-CC1-4-TU/ WOSG-MD-CC2-4-TU
		MDC 5	2. Women and Empowerment	WOSG-MD-CC1-5-TH WOSG-MD-CC2-5-TH	WOSG-MD-CC1-5-TU/ WOSG-MD-CC2-5-TU
5	CC1/ CC2	MDC 6	Women and Media	WOSG-MD-CC1-6-TH WOSG-MD-CC2-6-TH	WOSG-MD-CC1-6-TU/ WOSG-MD-CC2-6-TU
5 or 6	CC1 or CC2	MDC 7	Women's Rights and Politics in India	WOSG-MD-CC1-7-TH OR WOSG-MD-CC2-7-TH	WOSG-MD-CC1-7-TU OR WOSG-MD-CC2-7-TU
6	CC1/ CC2	MDC 8	Women and Mental Health	WOSG-MD-CC1-8-TH WOSG-MD-CC2-8-TH	WOSG-MD-CC1-8-TU/ WOSG-MD-CC2-8-TU

### STRUCTURE OF MINOR COURSES IN WOMEN STUDIES FOR MDC

Semester	Course	Name of the Paper	Code (Th)	Code (Tu)
3	MDC-m1	Women's Studies in International Context.	WOSG-MD-MC1-3-TH	WOSG-MD-MC1-3-TU
4	MDC-m2	Women's Studies in India	WOSG-MD-MC2-4-TH	WOSG-MD-MC2-4-TU
5	MDC-m3	Women's Movement in India	WOSG-MD-MC3-5-TH	WOSG-MD-MC3-5-TU
	MDC-m4	Women's Issues in India	WOSG-MD-MC4-5-TH	WOSG-MD-MC4-5-TU
6	MDC-m5	Women and Empowerment	WOSG-MD-MC5-6-TH	WOSG-MD-MC5-6-TU
	MDC-m6	Women and Media	WOSG-MD-MC6-6-TH	WOSG-MD-MC6-6-TU

### STRUCTURE OF SKILL ENHANCEMENT COURSE IN WOMEN STUDIES FOR MDC

Semester	Name of the Paper	Code (Th)	Code (Tu)
1/2/3	Women and Social Work	WOSG-MD-SEC1-1-TH WOSG-MD-SEC2-2-TH WOSG-MD-SEC3-3-TH	WOSG-MD-SEC1-1-TU WOSG-MD-SEC2-2-TU WOSG-MD-SEC3-3-TU

### Structure of Interdisciplinary Course in Women studies for MDC

Semester	Name of the Paper	Code (Th)	Code (Tu)
1/2/3	Women's Studies: Basic Concepts	WOSG-MD-IDC1-1-TH WOSG-MD-IDC2-2-TH WOSG-MD-IDC3-3-TH	WOSG-MD-IDC1-1-TH WOSG-MD-IDC2-2-TH WOSG-MD-IDC3-3-TH

### Structure of Interdisciplinary Course in Women studies for Major (Four Years Course)

Semester	Name of the Paper	Code (Th)	Code (Tu)
1/2/3	Women's Studies: Basic Concepts	WOSG-H-IDC1-1-TH WOSG-H-IDC2-2-TH WOSG-H-IDC3-3-TH	WOSG-H-IDC1-1-TH WOSG-H-IDC2-2-TH WOSG-H-IDC3-3-TH

### Structure of Minor Courses in Women Studies for Four years Course (Major)

Semester	Name of the Paper	Code (Th)	Code (Tu)
SEM1/SEM3	Women's Studies in International Context.	WOSG-H-Minor1-1-TH WOSG-H-Minor1-3-TH	WOSG-H-Minor1-1-TU WOSG-H-Minor1-3-TU
SEM2/SEM4	Women's Studies in India	WOSG-H-Minor2-2-TH WOSG-H-Minor2-4-TH	WOSG-H-Minor2-2-TU WOSG-H-Minor2-4-TU
SEM 5	Women's Movement in India	WOSG-H-Minor1-5-TH/ WOSG-H-Minor2-5-TH	WOSG-H-Minor1-5-TU WOSG-H-Minor2-5-TU
SEM6	Women's Issues in India	WOSG-H-Minor1-6-TH/ WOSG-H-Minor2-6-TH	WOSG-H-Minor1-6-TU WOSG-H-Minor2-6-TU

**Subject: Women's Studies (WOSG)**  
**University of Calcutta**  
**[Curriculum and Credit Framework (CCF, 2022)]**

**CC1/CC2**

**MDC1**

WOSG-MD-CC1-1-TH/ WOSG-MD-CC2-1-TH

**Minor Semester 3 (MDC)**

WOSG-MD-MC1-3-TH

**Minor (Four Years)**

WOSG-H-Minor1-1-TH/WOSG-H-Minor1-3-TH

**Women's Studies in International Context**

**Unit 1**

**Time: 5 Hours**

Introduction to Women's Studies: Nature and Scope  
Emergence of Women's Studies in the West  
Establishment of Centre for Women's Studies under UGC guidelines  
Women's Studies in International Settings

**Unit 2**

**Time: 5 Hours**

Understanding Sex- Gender  
Gender shaping Institutions, Theories of Gender construction  
Understanding Sexism and Androcentrism  
Understanding Patriarchy and Theories of Patriarchy

**Unit 3**

**Time: 5 Hours**

Rise of Feminism  
Introduction to various stands of Feminism.  
1. Liberal Feminism  
2. Radical Feminism  
3. Marxist Feminism  
4. Socialist Feminism

**Unit 4****Time:10 Hours**

Waves of Women's Movement (International Context)

International Women's Movement: The Seneca Falls Convention and the Call for Women's Rights 1848

Women's rights movement 1848-1920,

Suffrage Movement: Britain and US

History of International Working Women's Day

**Tutorial:****WOSG-MD-CC1-1-TU/ WOSG-MD-CC2-1-TU/ WOSG-MD-MC1-3-TU/WOSG-H-Minor1-1-TU/WOSG-H-Minor1-3-TU**

Paper Presentation/ Term Paper/Book Review

**Reading List:**

1. Basabi Chakrabarti, Women's Studies: Various Aspects. Urbi Prakashani 2014
2. Betty Friedan. The Feminine Mystique. New York: Norton, 1963
3. Basabi Chakraborty and Rajashree Basu, 'Prasanga Manabividyā' ,(Bengali)
4. Mallika Sengupta, 'StreeLingaNirman,' (Bengali)
5. Pulak Chanda, Nari Biswa(Bengali)
6. Basabi Chakraborty, Nariprithibi Bohuswar (Bengali)
7. Kamla Bhasin. What is Patriarchy?" Kali For Women, New Delhi. 1993
8. Vidyut Bhagwat. (2004). "Feminist Social Thought: An Introduction to Six key Thinkers". Publisher Rawat Publications, New Delhi.
9. V. Geetha, Understanding Gender, Calcutta, 2006
10. Kamla Bhasin : Exploring Masculinity, New Delhi, 2004
11. Padma Anagol. (2010). "The Emergence of Feminism in India 1850-1920". Publisher Ashgate Publishing Limited.
12. Sally G.: Seneca Falls and the origins of the women's rights movement. McMillen. 2008

**CC 1/ CC2 (Semester 2)**  
**MDC2**  
WOSG-MD-CC1-2-TH/WOSG-MD-CC2-2-TH  
**Minor: Semester 4 (MDC)**  
WOSG-MD-MC2-4-TH  
**Minor (Four Years)**  
WOSG-H-Minor2-2-TH/WOSG-H-Minor2-4-TH

**Women's Studies in India**

**Unit 1**

**Time: 6 hours**

Post Classical Feminism

1. Cultural Feminism
2. Eco-Feminism
3. Third-world Feminism

**Unit 2**

**Time: 8 hours**

Waves of Women's Movement (Indian Context):

Women's Movement in colonial India; Social Reform Movements

Women's Participation in National Movement (1900-1947).

Women's Movements in Post-Independence India (1948-1990)

**Unit 3**

**Time: 6 hours**

Intersectionality in Indian Context:

Dalit women and the question of double marginality

Issues of Subaltern Women

**Unit 4**

**Time: 8 hours**

Women's Writings in India

Significant Contributions of Indian Women: Pritilata Waddadar, Kadombini Ganguly, Begum Rokeya and Pandita Ramabai

**Tutorial:**

**WOSG-MD-CC1-2-TU/WOSG-MD-CC2-2-TU/WOSG-MD-MC-4-TU/**

**WOSG-H-Minor2-2-TU/WOSG-H-Minor2-4-TU**

Paper Presentation/ Term Paper/Book Review

## **Reading List:**

1. Basabi Chakrabarti: "Women's Studies: Various Aspects" . UrbiPrakashani 2014
2. Mary E. John. "Women's Studies in India: A reader" Penguin Books. 2008
3. Radha Kumar. (1993). "The History of Doing". Kali for Women, New Delhi.
4. Aparna Basu& Bharati Ray: Women's Struggle, (New Delhi: Manohar, 1996)
5. Geraldine Forbes , Women in Modern India Cambridge University Press, 1996.
6. Arpita Mukhopadhyay, Feminisms, Orient Blackswan, India
7. Vandana Shiva. Ecology and the Politics of Survival: Conflicts Over Natural Resources in India. Sage. 1991
8. Sharmila Rege, (ed), "Sociology and Gender: The Challenges of Feminist Sociological Knowledge", Sage, New Delhi, 2003
9. Rege, Sharmila (2 July 2006). Writing caste, writing gender: reading Dalit women's testimonios. Zubaan.
10. Basabi Chakraborty and RajashreeBasu, 'PrasangaManabividya' UrbiPrakashani (Bengali)
11. Mallika Sengupta, 'Stree Linga Nirman,' (Bengali)
12. Pulak Chanda, Nari Biswa. Gangchil Publishers (Bengali)
13. Basabi Chakraborty, NariprithibiBohuswar. UrbiPrakashani (Bengali)
14. Radha Chakravathy. (2007). "Feminism and Contemporary Women Writers: Rethinking Subjectivity". Publisher: Routledge, India.



**WOSG  
CC1/CC2  
MDC3**

WOSG-MD-CC1-3-TH/ WOSG-MD-CC2-3-TH

**Minor (MDC)**

WOSG-MD-MC3-5-TH

**Minor (Four Years)**

WOSG-H-Minor1-5-TH/WOSG-H-Minor1-6-TH

**WOMEN'S MOVEMENT IN INDIA**

**UNIT 1**

**4 hours**

Socio-economic, cultural conditions of women in 19th century India  
Social reforms concerning women's liberation  
Women's participation in social reform movements.

**UNIT 2**

**6 hours**

Women's movements in India  
Pre-independence movements  
Women's participation in the national movement  
Post independence movements.

**UNIT 3**

**3 hours**

Chipko Movement  
Narmada Bachao Movement  
Livelihood resources and Women.

**UNIT 4**

**10 hours**

Women in the Anti-Caste Movement  
Anti-Dowry Movement  
Anti-Rape Movements (Mathura, Bhanwari Devi, Nirbhaya cases)  
Autonomous Women's Movements  
Roop Kanwar incident and Anti-Sati Agitation  
Movements for Uniform Civil Code and Shah Bano Case.

**Tutorial:**

**WOSG-MD-CC1-3-TU/WOSG-MD-CC2-3-TU/WOSG-MD-MC4-5-TU/  
WOSG-H-Minor1-5-TU/WOSG-H-Minor1-6-TU**

Paper Presentation/ Term Paper/Book Review

## Book List

- Basu, Aparna. (1990). "The Role of Women in the Indian Struggle for Freedom". In .R.Nanda (Ed). "Indian Women: From Purdah to Modernity".Nehru Memorial Museum and Library and Vikas/ Radiant Pub, New Delhi.
- Gandhi, Nandita&Nandita Shah. (1992). "The Issues at Stake:Theory and Practice in the Contemporary Women's Movement in India". Kali, New Delhi.
- Goonesekere, Savitri (ed). (2004). "Violence, Law and Women's Rights in South Asia". Sage, New Delhi.
- Kuumba, M. Bahati. (2003). "Gender and Social Movements". Rawat Publications, New Delhi.
- Mazumdar, Vina. (1989). "Peasant Women Organise for Empowerment: The Bankura Experiment". (Occasional Papers),CWDS, New Delhi.
- Desai Neera(1988). "A Decade of Women's Movement in India".MeenaPandev, Bombay.
- Kumar Radha (1993). "The History of Doing". Kali for Women, New Delhi.
- Forbes, Geraldine. (1999). Women in Modern India. Cambridge University Press.
- Mallick Krishna,(2021)Environmental Movements of India: Chipko, Narmada Bachao Andolan, Navdanya (Environment and Society in Asia) Amsterdam University Press.

**WOSG  
CC1/CC2  
MDC 4**

WOSG-MD-CC1-4-TH/ WOSG-MD-CC2-4-TH/

**Minor (MDC)**

WOSG-MD-MC4-5-TH

**Minor (Four Years)**

WOSG-H-Minor2-5-TH/WOSG-H-Minor2-6-TH

**WOMEN'S ISSUES IN INDIA**

**UNIT 1**

**5 hours**

Concept of work – productive and reproductive

Invisibility of Women's work factors affecting and promoting women's entry into the market

Women in organized and unorganized sector

**UNIT 2**

**6 hours**

Menstruation and Menstrual hygiene- Menarche, Menopause

Health issues related to pregnancy

Anemia and nutritional deficiency

Abortion

Infertility

Contraception and reproductive health.

**UNIT 3**

**10 hours**

Child Marriage, Dowry, Divorce

Domestic violence

Problems of elderly women

Marginalized and deprived groups (SC/ST)

Sexual Harassment, Abuse, Violence

Female infanticide and Foeticide

Trafficking

**UNIT 4**

**5 hours**

Article 377 and beyond

LGBTQIA+

The Transgender Persons (Protection of Rights) Bill, 2019

Transgender Persons (Protection of Rights) Rules, 2020.

## **Tutorial:**

**WOSG-MD-CC1-4-TU/WOSG-MD-CC2-4-TU/WOSG-MD-MC4-5-TU/  
WOSG-H-Minor2-5-TU/WOSG-H-Minor2-6-TU**

Paper Presentation/ Term Paper/Book Review

## **Book List**

- Ray Bharathi, (Ed)., Women of India: Colonial and post colonial periods of History of Sciences and Philosophy in India Civilization, Vol, IX part 3, Sage, New Delhi, 2005.
- Bhattacharya Malini (Ed).m, Women and Globalization, Tulika Books in Association of School of Women's Studies, Jadapur University, New Delhi, 2005
- Sebastian Thomas, Globalization and Uneven Development – Neocolonialism, Multi National Corporations, Space and Society, Rawat Publishers, Jaipur 2007.
- Sarkar S.& Sarkar T(eds.). (2008). Women aKrishnraj,Maitreyi. (2012).
- Chaudhuri Maitrayee , Movement in India: A 100-yearHistory. Social Change Vol. 42 (3) Sage, 325-333.
- Chaudhury Maitrayee,Womens Movement Reform and Revival Palm Leaf Publications, 2011
- DK( Author), The LGBTQ + History Book (DK Big Ideas) Dk, ,2023

**WOSG  
CC1/CC2  
MDC 5  
WOSG-MD-CC1-5-TH/ WOSG-MD-CC2-5-TH  
Minor Semester 6 (MDC)  
WOSG-MD-MC5-6-TH**

**WOMAN AND EMPOWERMENT**

**Unit1**

**10 hours**

Concept and Theories of Development: Gender Development Approaches; WID, WAD, GAD  
Mainstreaming Gender in development process, UNDP Guidelines of mainstreaming gender  
Millennium Development Goals

**Unit 2**

**5 hours**

Gender Development Index (GDI), Gender Empowerment Measure (GEM), Human  
Development Index (HDI).  
Globalization and it's effect on Women  
The impact of Structural Adjustment Policies (SAP) on women with special reference to India

**Unit 3**

**6 hours**

Political Rights of women in India  
Electoral process – Women as Voters, Candidates and Leaders  
Women in Panchayat and Local Bodies, National Schemes and Roles of Panchayat and its implementation.  
Role of Micro Finance in empowering Women.

**Unit 4**

**6 hours**

The Five-Year Plans Towards Equality, Shramashakti Report and NPP  
National Commission for Women  
Central and State Social Welfare Boards (CSWB), Department of Women and  
Children  
Gender Responsive Planning and Gender Budgets

**Tutorial:**

**WOSG-MD-CC1-5--TU/WOSG-MD-CC2-5-TU/WOSG-MD-MC5-6-TU**  
Paper Presentation/ Term Paper/Book Review

**Reading list:**

Nivedita Menon. *Gender and Politics in India*. Oxford University Press. 2001

J. Andersen, and B. Siim, *The Politics of Inclusion and Empowerment: Gender, Class, and Citizenship*. London: Palgrave/ Macmillan, 2004. 260p.

Maura Barclay, *Unbreakable Woman: Compassionate Self-Defense and Empowerment*, create space independent publishing platform, 2013. 204p

Sangeeta Bhardwaj-Badal. *Gender, Social Structure and Empowerment: Status Report of Women in India*. Jaipur: Rawat, 2009. 217p.

K.S. Bhat, and R. Venkata Ravi. *Empowerment of SCs, STs and Women in Panchayati Raj Institutions*. New Delhi: Kanishka, 2012. 350p

Neera Burra, Joy Deshmukh Ranadive, and Ranjani K, Murthy, ed. *Micro-credit, Poverty and Empowerment: Linking the Triad*. New Delhi: Sage, 2005. 369p.

Kartick Das, and Gopal Sharma, ed. *Financial Inclusion, Self-help groups (SHGs) and Women*. New Delhi: New Century Publications, 2013. 179p.

Prabhat Datta. *Major Issues in the Development Debate: Lessons in Empowerment from India*. New Delhi: Kanishka, 1998. 194p.

**WOSG  
CC1/CC2  
MDC 6**

WOSG-MD-CC1-6-TH/ WOSG-MD-CC2-6-TH

**Minor (MDC)**  
WOSG-MD-MC6-7-TH

**WOMEN AND MEDIA**

**UNIT 1**

**5 hours**

Gender, Media, and Culture  
Fundamentals of Mass Communication  
Need to study gender in Media – importance of studying audiences.

**UNIT 2**

**5 hours**

Role of Media  
Different types of Mass Media and their characteristics  
Gender representation in various Media (Newspapers, Magazines, and Films)

**UNIT 3**

**8 hours**

Understanding the male gaze  
Trivializing women's question; gender stereotypes; negative portrayals and commodification of female body in media.  
Women's Movement and the Feminist Media: A view for better representation.  
Indecent Representation of Women's Act.

**UNIT 4**

**5 hours**

Women as consumers of Media in India  
Media as a tool for empowerment of women  
Creating Alternate Space within existing Media and new initiatives in Media.

**Tutorial:**

**WOSG-MD-CC1-2-TU/WOSG-MD-CC2-2-TU/WOSG-MD-Minor-4-TU**  
Paper Presentation/ Term Paper/Book Review

## **READING LIST:**

1. B. Axford & R. Huggins, *New Media and Politics*. London, Sage Publication, 2001.
2. Charlotte Krolokke, Anne Scott Sorensen, *Gender Communication: Theories and Analysis*. New Delhi, Sage Publication, 2006.
3. Mary Gallagher(ed) *Women and Media Decision Making: The Invisible Barriers*, New Delhi, Sterling Publishers Pvt LTD, 1989.
4. M. Choudhury, *Feminism in Print Media*. *Indian Journal of Gender Studies*, 2007.
5. Meera kosambi (ed), *Women's Oppression in the Public Gaze: Analysis of Newspaper coverage, State Action and Activist Response*, Research Centre for Women's University, Mumbai, 1994.
6. Rosalind Gill, *Gender and The Media*, Cambridge, Polity Press, 2007.



**WOSG  
CC1/CC2  
MDC 7**

WOSG-MD-CC1-7-TH/ WOSG-MD-CC2-7-TH

**WOMEN'S RIGHTS AND POLITICS IN INDIA**

**UNIT 1**

**8 hours**

What are Human Rights?

Gendering Human Rights – what are women's human rights – its origin both as a movement and as a policy approach.

CEDAW

**UNIT 2**

**5 hours**

Fundamental Rights for Women

Directive Principles of State Policy

Need for Uniform Civil Code

Human Rights and Women's; Rights in contemporary India.

**UNIT 3**

**5 hours**

Political Participation of Women in Pre-Independent India.

Political Participation of Women in Independent India.

Significance of 73<sup>rd</sup> and 74<sup>th</sup> Amendment for women empowerment.

Politics of Reservation Bill for Women.

**UNIT 4**

**6 hours**

Women Leaders in Panchayati Raj Institutions (PRIs)

Women's participation in Local Self Governance (factors affecting women's participation in local governance).

Challenging gender stereotypes in the political sphere.

Importance of Entrepreneurship.

**Tutorial:**

**WOSG-MD-CC1-7-TU/ WOSG-MD-CC2-7-TU**

Paper Presentation/ Term Paper/Book Review

## **READING LIST:**

Christine Forster and Jaya Sagade, *Women's Human Rights in India*, Taylor, and Francis, 2019.

Elizabeth Fisher, *Gender Justice: Women's Rights are Human Rights*, Unitarian Universalist Service, 1996.

Flavia Agnes, *Law, and Gender Inequality: The Politics of women's Rights in India*, Oxford University Press, 1999.

Madhu Kishwar, *Off the Beaten Track: Rethinking Gender Justice for Indian Women*, OUP, New Delhi, 1999.

Mary E. John (ed), *Women's Studies in India: A Reader*, Penguin India, 2008.

Niamh Reilly (ed), *International Human Rights of Women*, Springer, 2019.

Nivedita Menon (ed), *Gender and Politics in India*, OUP, Delhi, 1999.

**WOSG  
CC1/CC2  
MDC 8  
WOSG-MD-CC1-8-TH/ WOSG-MD-CC2-8-TH**

**Woman and Mental Health**

**UNIT 1**

**5 hours**

What is Mental Health  
Critical issues in Woman and Mental Health  
Gender Bias in Mental Health  
Sex Differences in Mental Health.

**UNIT 2**

**5 hours**

Psychological Effect during Menarche, Menstruation and Menopause.  
Mental health and Wellbeing during Pregnancy and Childbirth  
Postpartum depression and Motherhood,

**UNIT 3**

**10 hours**

Trauma relating to Rape, Childhood Sexual Abuse, Domestic Violence,  
Sexual Harassment at Workplace, Eve Teasing etc.  
Psychological Wellbeing of Women; Dealing with Psychological Distress,  
Coping Strategies

**UNIT 4**

**10 hours**

Essential elements and Process of Counselling  
Introduction to Communication: Attending Skill, Listening Skills: Barriers to Listening; Responding Skills;  
SOLER  
Personal and Professional Characteristics of a Counsellor  
Values and ethics in Counseling, Issues of Confidentiality  
Family and Group Counseling  
Feminist Counselling

## **TUTORIAL:**

### **WOSG-MD-CC1-8-TH/ WOSG-MD-CC2-8-TH**

Paper Presentation/ Term Paper/Book Review

#### **Reading List:**

Bhargavi Davar. Mental Health from a Gender Perspective. SAGE Publications. 2001

Bhargavi Davar. Mental Health of Indian Women. SAGE Publications, 1999

Richard Nelson-Jones. Basic Counseling Skills: A Helper's Manual. Sage. 2016

C. Beere(1979). "Women and Women's issues – A Handbook of Tests and Measures". Jossybor.

Lenin.(1985). "Women and Mental Health". Press, New York.

Steven D. Brown, (Ed), Lent, Robert W., (Ed). (2000). "Handbook of Counseling Psychology". Wiley, 3rd edition.

R. Frager, & J. Fadiman, (2007). "Personality and Personal growth". 6th Edn. Pearson Prentice Hall, India.

Geldard, Kathryn & Geldard, David. (2003). "Counseling Children: A Practical Introduction". Sage Publications

M. Jacobs. (1998). "Psychodynamic Counseling in Action". Sage Publications. Kluver, Netherlands.

C.L. Kundu, (1989). "Personality development". Sterling Pub, New Delhi.

Narayana S. Rao (1988). "Counseling Psychology". S. Tata McGraw Hill Publication

Nelson, Richard (2002). "Basic Counseling Skills: A Helper's Manual". Sage Publications.

Perry, C. Wayne (2002). "Basic Counseling Techniques: A Beginning Therapist's Toolkit". Author house.

**WOSG**  
**SEC 1, 2, 3 (Semester 1/2/3)**  
**WOSG-MD-SEC1-1-TH/WOSG-MD-SEC2-2-TH/WOSG-MD-SEC3-3-TH**

**WOMAN AND SOCIAL WORK**

**UNIT 1**  
**hours**

**Time: 8**

Understanding Social Work  
Concept and definition of Social Work.  
Scope and concerns of Social Work practice  
Emergence of Social Work as a profession in India.

**Unit 2**

**Time: 8 hours**

Understanding Society: Society, meaning and characteristics  
Understanding the Relevance of Social Work  
Forms of stratification –caste, class, power, and gender.

**Unit 3**

**Time: 10 hours**

Social Problems in India - pertaining to marriage, family and caste- problems related to dowry, child marriage, divorce  
Gender discrimination within the family, problems of elderly women.  
Problems of Trafficking and Rehabilitation in India  
Impact of Ngoization on the situation of women in India

**Unit 4**

**Time: 5 hours**

Social work and Disability:  
Women and Disability: RPWD Act  
Role and Challenges of Social Workers in working with persons with disabilities.

**TUTORIAL**

**WOSG-MD-SEC1-1-TU/WOSG-MD-SEC2-2-TU/WOSG-MD-SEC3-3-TU**

**Poster/Term Paper**

## **Reading List:**

1. Bishnu Mohan Dash. Introduction to Social Work. SAGE Publications Pvt. Ltd; 1st edition (4 July 2022)
2. Sudhma Batra and Bishnu Mohan Dash (Ed) Fundamentals of Social Work: Concept Publishing Company Pvt. Ltd. (1 January 2021)
3. Abraham, Andrews and M. Francis (2015). Contemporary Sociology: An Introduction to Concepts and Theories. New Delhi: OUP.
4. Robert Adams, et.al.(2002). Social Work: Themes, Issues and Critical Debates. 2nd Edition. New York: Sage. Ram Ahuja, (2014). Social Problems in India. 3rd edition. Jaipur: Rawat Publications.
5. Anderson and Taylor. (2007). Understanding Sociology. Wadsworth Cenage Learning India Ltd. Kamala Bhasin, (2000). Understanding Gender. New Delhi: Kali for Women.
6. George Allen and Unwin. W Farley, L.S. Larry, and B.W.Scott, (2003). Introduction to Social Work. Allyn and Bacon.
7. Dipankar Gupta, (1993). Social Stratification. (ed). New Delhi: OUP.
8. G.N. Karna,(1999). United Nations and the Rights of Disabled Persons : A Study in Indian Perspective. New Delhi.
9. G.N.Karna, (2001). Disability Studies in India: Retrospect and Prospects, New Delhi: Gyan Publishing House.
10. Davis Liane (1994). Why we still need a woman's agenda for social work, pp. 1- 25 in Building on Women's Strengths: A Social Work Agenda for the 21st Century.

**WOSG**  
**IDC (Semester 1/2/3)**  
WOSG-MD-IDC1-1-TH/WOSG-MD-IDC2-2-TH/WOSG-MD-IDC3-3-TH

**Minor (Four Years)**  
WOSG-H-IDC1-1-TH/WOSG-H-IDC2-2-TH/WOSG-H-IDC3-3-TH

**BASIC CONCEPTS OF WOMEN STUDIES**

**Unit 1**

**Time: 5 hours**

What is Women Studies? Emergence of Women Studies in India.  
Understanding Sex-Gender  
Gender shaping Institutions: Family, Educational Institution, Religion, Legal institutions  
Basic Concept of Patriarchy, Concept of Sexism and Androcentrism

**Unit 2**

**Time: 5 Hours**

Definition of Feminism  
Schools of feminisms: Liberal, Radical, Marxist and Socialist

**Unit 3**

**Time: 10 hours**

Women and Health: Reproductive Health, HIV/AIDS  
Women and Education: Policies related to Equal Access to Education and literacy  
Women and Labour: Invisibility of Household labour  
Social Empowerment and National Policy for Women's Empowerment 2001

**Unit 4**

**Time: 5 hours**

Female Foeticide and Infanticide: PCPNDT Act, 1994  
Sexual Harassment at Workplace: POSH, 2013  
Domestic Violence: Domestic Violence Act 2005  
Rape: IPC 375 and 376

**TUTORIAL:**

**WOSG-MD-IDC1-1-TH/WOSG-MD-IDC2-2-TH/WOSG-MD-IDC3-3-TH**  
**WOSG-H-IDC1-1-TH/WOSG-H-IDC2-2-TH/WOSG-H-IDC3-3-TH**

Poster/Paper Presentation/ Term Paper

## Reading List

1. Mary E. John. Women's Studies in India: A reader. Penguin Books. 2008
2. Kamla Bhasin. What is Patriarchy?" Kali For Women, New Delhi. 1993
3. V. Geetha, Understanding Gender, Calcutta, 2006
4. Kamla Bhasin : Exploring Masculinity, New Delhi, 2004
5. Basabi Chakraborty and RajashreeBasu, 'Prasanga Manabividya' ,(Bengali)
6. Basabi Chakraborty, Nariprithibi: Bohuswar (Bengali)
7. Kamla Bhasin, Understanding Gender. Kali For Women, New Delhi.
8. Rinita Majumder. A Short Course of Feminist Theories. Anushtup. Kolkata 2010
9. Rajytashree Basu: Naribad, Urbee prakashani (Bengali)
10. Arpita Mukhopdhyay: Feminisms. Orient Blackswan. India
11. Basabi Chakraborty: Women's Studies: Various Aspects. Urbee Prakashani. 2014
12. Tulsi Patel, (Ed.). (2007). "Sex selective Abortion in India: Gender, Society and New Reproductive Technologies";. Sage, New Delhi
13. Veena Das: Handbook of Sociology. Oxford, 2006
14. Ram Ahuja, Social Problems in India, NewDelhi, Rawat Publication (1999)